SEPTEMBER 2026

The Northern Star

North Star Community Services

Hot Off the Press...from 3420

A Look Back: The end of summer might be near, but we made sure August was filled with lots of fun! We took day trips to the Field of Dreams and Bloomsbury Farms, enjoyed the animals at the petting zoo, made clay art at the Hearst Center, and took a tour of the UNI Botanical Center. Hartman Reserve hosted us for a fun program as well. Another outing was to the Cedar Falls Community Center for a painting class. We love Bingo so of course we enjoyed going to see our friends at New Aldaya for a few games. Volunteering at the Food Bank was also on the calendar. And those who were brave, ventured outside for a "bug hunt" to see what we could find!

Looking Ahead: September will have us visiting the Field of Dreams, Petersen & Tietz for flower arranging, the Life 101.9 radio station, and a tour of the Cedar Falls Fire Department. A new day trip adventure will be to Spook Cave! We are also looking forward to North Star's 30th Golf Classic on September 11th! The Cedar Falls Pickleball Club will host us for games of pickleball and we will also take a daytrip to Bloomsbury Farms. Another day we will stop by Hurts Donuts to decorate our own yummy treat. Cattle Congress is also on the calendar as well as a visit to the Waterloo Fire Department who will also stop by here with a fire truck! Raina will visit us as well to share her saxophone music with us. And of course we always enjoy seeing Luka and Debbie from Pet Pals!

THE SCOOP...from Newel Post

A Look Back: In August, we enjoyed live music by the Anway's and singing along to Christie's piano music. The Black Hawk Gem and Mineral Society came for a visit and taught us all about rocks and let us take a few home! Cooling off with root beer floats and popsicles was a nice treat, too! The month was busy with games such as Let's Make a Deal, Bingo, and Dominoes and seeing everyone's show 'n tell was a lot of fun too! We celebrated our pet Parakeet's birthday as well!

Looking Ahead: We are looking forward to remembering our childhood days but having a Newel Post Carnival. We are all excited for this! Also on the calendar is a pizza party, taste testing different types of apples and honey, and welcoming Jenny Allen as a guest speaker. We will take a travelogue to Montreal and have a music program on B.B. King and music of the 1970's. Other days we will talk about player pianos, cars, and Harry Potter. September should be busy and fun!

This Just In...from Canterbury

A Look Back: August kept us busy with a trip to the thrift store, Waterloo Arts Center, the Hearst Center, and McDonalds for a cold treat! We enjoyed our cookout, singing Karaoke, and learned about the Iowa State Fair. Lots of art was done including a flowerpot activity, hand painting, and a pool noodle craft. We celebrated Lucille Ball's birthday, visited the petting zoo, and had a picnic at Hickory Hills. Learning about flag etiquette and the Purple Heart was also something neat we did! We held our very own Olympic Games, talked about the history of Iowa's Farmers Market, and visited a local nursing home. Also on the calendar was learning about the history of mac n cheese, bowling at Maple Lanes, enjoying Sweet Corn Day!

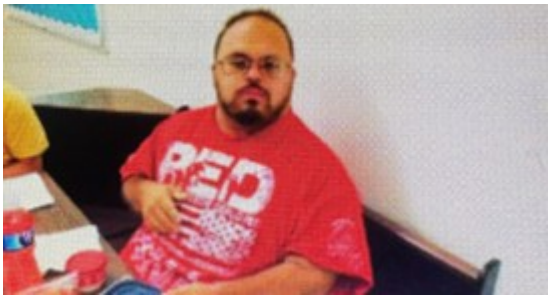
Looking Ahead: We will welcome our UNI friends back in September and look forward to seeing them again! Cattle Congress, George Wyth Park, and the Amish bakery are on the calendar as well as a picnic at Fontana Park. Our lessons for the month will include the Rock & Roll Hall of Fame, Conway Twitty, Mash trivia, Colonel Sanders, the history of milkshakes, Carol Burnett, the Pacific Ocean, and facts about chocolate milk. We also look forward to having Jenny Allen visit to talk about voting rights and rules. Karaoke is on the agenda as well as a movie and popcorn day! Lots of games will be played including "Guess the Item" while blindfolded! We will also do a 9/11 project, make brownies, and do a spelling bee.

Consumer Column

We played Bingo at New Aldaya. I had fun and I want to do that again sometime. Cutting carrots was fun. We do that for the petting zoo.

I like having ice cream parties and being outside. I like playing games and stuff. I like playing Bingo and going to the Arcade. I like having picnics.

We went on outings and got ice cream from McDonalds. And then we drove around. We went to Industrial Park and walked around the pond. We saw geese and then got in the van. 7 Brew was busy so we went to Dunkin Donuts and I got a carmel ice coffee! I did painting at the Hearst Center. We did coloring and a bracelet craft.

I hung out with my friend and he got my finger. We went to the library in our building and we looked at books. We made a homemade book.

Photography and Column by Consumers