NOVEMBER 2025

The Northern Star

North Star Community Services

Can you find the turkeys hidden in the Newsletter and Calendar?

Hot Off the Press...from 3420

A Look Back: October started with a Zoom visit to Den Herder Vet Hospital. Dr. Alicen Tracey showed us around the clinic and we even got to see some animals! We did some volunteering this month at the Humane Society and the Food Bank as well. We visited UNI to play ball with student athletes which we always enjoy! Another outing was a tour of the Wartburg College Science department. We saw so many animals! We also went to Heartland Farms and everyone got a pumpkin! We always enjoy going there. UNI Study Abroad students came to see us and gave presentations on different countries they have visited. We sure learned a lot! Camp Courageous visited us with some guinea pigs and rabbits and an instructor from YMCA stopped by for a chair yoga class. Thanks to a consumer's mom, we got to decorate pumpkin cookies with frosting and lots of sprinkles! We ended the month with a Halloween party and delicious cookies from Hy-Vee.

Looking Ahead: The November calendar filled up quick! We have plans to volunteer at the Food Bank, visit the John Deere Museum and play ball at UNI with student athletes. We will also stop by Petersen & Tietz for a flower arranging class. We love Bingo so are looking forward to visiting our friends at New Aldaya and Friendship Village for a few games! Joy "the Comfort Dog" will come to see us as well as Camp Courageous. Hartman Reserve will also stop by with a lesson on deer. We always enjoy visitors! Salvation Army Bell Ringing is also on the schedule. Happy Thanksgiving and stay warm!

THE SCOOP...from Newel Post

A Look Back: In October, we had visits from Allen College OT students who did crafts with us as well as Christie who played spiritual hymns on the piano. Camp Courageous also stopped by with guinea pigs and rabbits. We enjoyed holding them:) Nurse Sara gave a health talk about how sugar affects the body and we also went on a travelogue to California. Another day, we learned about the different types of apples and enjoyed sampling them too! We ended the month with all things Halloween! Our UNI friends visited us for a time of fun and games, we stuffed scarecrows, sang Halloween songs, painted pumpkins, read Halloween stories and jokes, and played Halloween games. We also enjoyed a Halloween pizza party!

Looking Ahead: The November calendar is set to go! Our UNI and North Star friends will come by for a visit which we always look forward to. Hartman Reserve and Camp Courageous will also be here! We will celebrate “Cat Lover’s Day” and take a travelogue to Turkey—-sounds interesting! The Anways will provide some good old-time music that we love to dance and sing along to. For Thanksgiving, we have some turkey games and crafts planned. Looking forward to a month of fun!

This Just In...from Canterbury

A Look Back: In October, we visited Heartland Farms. We took a hayride and enjoyed picking out a pumpkin. We also went to the Oelwein Corner Market and Backbone State Park. This month, we learned about Medieval Medicine, DaVinci Code, Samurai/Zulu Warriors, and National Geographic history. We played cornhole and bingo, painted pumpkins, enjoyed Halloween karaoke, discussed Bible stories, and learned some fun Grouch Day facts. Other fun outings were to the Cedar Falls Public Library, Hartman Reserve, Cedar Valley Arboretum, and the John Deere Museum. We also enjoyed a walk outside. We ended the month with a Halloween party!

Looking Ahead: The November calendar looks busy too! We will visit the Waterloo Airport, Hearst Center, Amish, Waterloo Dog Park, and go bowling at Maple Lanes. We will learn about Political parties, Will & Ro Rogers, Steven King, Veterans Day, the history of Iowa, Mandalay Mansion facts, Navajo Code/Morse Code, and the history of Thanksgiving. Also on the agenda is an indoor exercise program, a community scavenger hunt, facts about candy, the history of radio stations and everyone's favorite...Karaoke!

Consumer Column

I liked going to the pumpkin patch. We went on a hayride and got a pumpkin. And then we went to the Little Red Schoolhouse. I liked it because you can draw things.

We went to the pumpkin farm. Went on a hayride and the weather was windy and cold. And everybody got a pumpkin. We also went to the food bank to volunteer. We put canned goods on the shelves.

I went to the library and read books. I like to dress up for Halloween. We baked bread. You put it in the oven. It was very good!

We went to the pumpkin farm. We went last week. We looked around and I didn't go in the haunted house. It was cold outside.

We went to the food bank and put snacks on the shelves. We also broke down boxes.

Photography and Column

by Consumers