

October 2022

# The Northern Star



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## A Look Back...

Dayhab had a great September! We started the month with an end of summer Camp Out day! We set up a tent, *tried* to make a bonfire, sang songs, told ghost stories, and of course, ate s'mores!!! Dayhab consumers also enjoyed outings to the College Square Mall, the Hearst Center for art classes, a Place to Play park, Barnes and Noble, and La Placita Mexican Store in Waterloo. Back at the building, we spent time working with the UNI Speech Pathology students, who are visiting us every Tuesday and Thursday through this semester. We also spent time on curriculum, the Queen's passing, various celebrity birthdays, and art projects! It was a great month!





## HALLOWEEN WORD SEARCH

B	O	N	E	S	P	O	O	K	Y	K
E	O	Q	P	O	T	I	O	N	A	M
Y	P	S	E	A	Y	T	R	E	A	T
Q	E	P	X	F	C	R	E	E	P	Y
C	I	R	B	L	A	C	K	C	A	T
H	A	L	L	O	W	E	E	N	F	U
I	Y	L	V	C	O	S	T	U	M	E
Z	O	S	K	V	A	M	P	I	R	E
C	O	S	P	I	D	E	R	W	E	B
H	N	Z	T	R	I	C	K	H	P	G
O	K	P	M	U	M	M	Y	Z	Y	D



HALLOWEEN	CREEPY	BONES
COSTUME	SPOOKY	VAMPIRE
MUMMY	TRICK	TREAT
POTION	BLACKCAT	SPIDERWEB



### A Look Ahead...

October at Dayhab is the most fun month of the year! We will start by taking our annual outing to Heartland Farms Pumpkin Patch! Our consumers love seeing all of the attractions and getting to take home their very own pumpkin! Dayhab also plans to visit the Hearst Center for Art classes again, various parks to enjoy the great outdoors, and possibly the Cedar Valley Arboretum's Scarecrow Stroll! Back at the building not only will we continue with curriculum, and our daily activities, but we will also be getting visits from the UNI Speech Pathology students, and Hawkeye College Occupational Therapy students. Dayhab will round out the month with TWO days of Halloween fun; a Friday afternoon party, and a Halloween costume stroll around the building! So much packed into a short time, we're excited to get started!



With October being a month of spooks and scares, let's take a look at some of the most interesting phobias in the dictionary.

Do you match with any of these?

- **Arachibutyrophobia**- Fear of peanut butter sticking to the roof of your mouth.
- **Plutophobia**- Fear of money.
- **Epehebiphobia**– Fear of teenagers.
- **Xanthophobia**- Fear of the color yellow.
- **Hippopotomonstrosesquippedaliophobia** -Fear of long words. (And this is the longest word in the dictionary!)
- **Cibophobia**– Fear of food.
- **Omphalophobia**- Fear of belly buttons.
- **Ablutophobia**- Fear of bathing.
- **Pogonophobia**- Fear of beards.
- **Phobophobia**- Fear of phobias.

