

Day Hab Monthly

North Star Community Services—Waverly Center— June 2022



NORTH STAR
COMMUNITY SERVICES



Thank you to Dave Lehman and Bobby Christiansen for coming to North Star on May 23rd!



MEMORIAL DAY GUESTS

We would like to thank Dave Lehman and Bobby Christiansen for coming to North Star to show the group how to fold a flag, what each fold means and tell the group about the history of Memorial Day. Both Dave and Bobby served in the Vietnam War and they told us a little bit about their service. We are grateful they took their time to inform us about this very important day.



Day Hab 1 decided to explore the USA and learn about each state, then choose a food to try from that state. The group chose Nevada this time and have learned about what that state has to offer to its residents and visitors. Shrimp cocktail was one of the famous foods from the state, but the group chose chocolate layered cake with chocolate curls on top! Can't wait to taste!

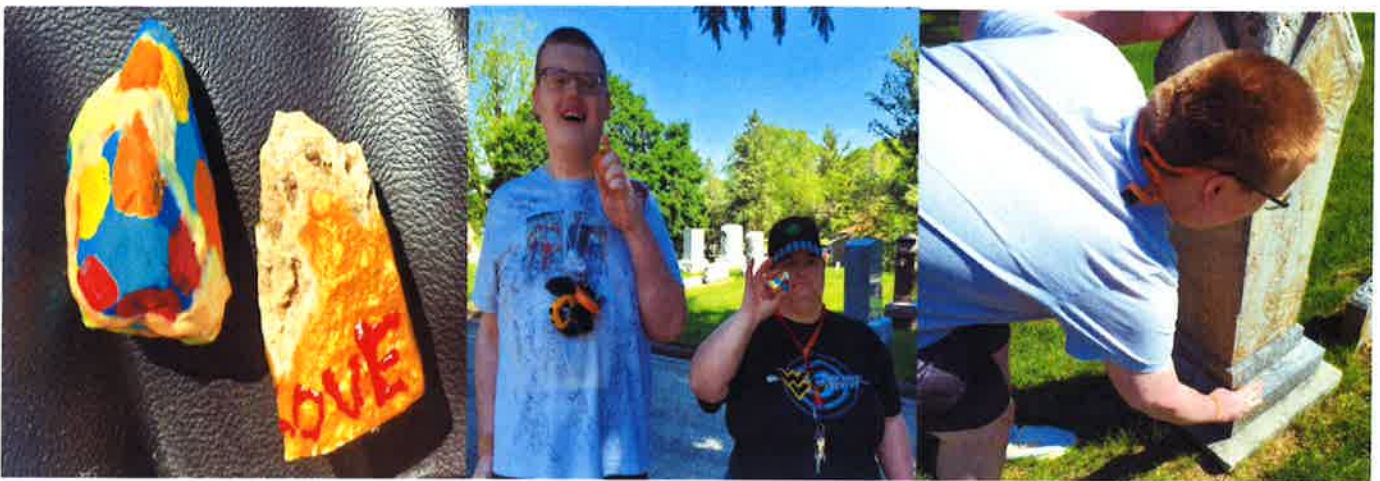


Left is Jay and right is April after completing their sponge craft of the American Flag. Good job you two!



We have started on the Tiny House!

After researching on the big screen, the group has decided on some of the amenities that they want in their tiny house! Some of the items include, a flower box, toilet, radio, rocking chair, kitchen, microwave and a TV. Each person is working on a certain thing which will be put up in the tiny house. We will see what they all come up with as time goes on and keep you posted!








Above are pictures of Dakota and Jill who went on an outing to Harlington Cemetery in Waverly to put "Kindness" rocks on gravestones that they have cleaned. What a great thing to do! This was one of Ray's projects and it turned out to be great! Thanks Ray, Jill and Dakota!

Pictured right, are Babe the Big Blue Ox and Paul Bunyan. They are American folk heroes and their statues were created as a roadside attraction to attract passers-by in automobiles as cars gained popularity through the 1920's and 30's. They are said by the Kodak Company to be the "second most photographed statues in the United States behind Mount Rushmore. The statues are located in Bemidji, Minnesota. The group learned about Paul Bunyan and did a group activity featuring the pair. Everyone thought it was fun!



UPDATE ON THE FLUFFER NUTTER SANDWICH FROM NEW HAMPSIRE: THE GROUP TASTED THE TREAT AND MOST EVERYONE LIKED IT! "IT WAS DIFFERENT" WAS ONE OF THE COMMENTS AND MOST EVERYONE SAID THEY WOULD TRY IT AGAIN!

NORTH STAR DAY HAB CALENDAR - WAVERLY CENTER – JULY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please Note: There will be outings when possible</p> 				<p>1 A.M. Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – Safety/What is the 4th of July About? P.M. Activities: 12:30 – DH 1 & 2 – Choice Music</p>
<p>4</p> 	<p>5 A.M. Activities: 8:30 – DH 1 & 2 - Consumer Choice Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – Bulletin Board/Locker Planning/4th Sharing P.M. Activities: 12:30 – DH 1 – Work on Bulletin Board/DH 2 – Sisters</p>	<p>6 A.M Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 – Trivia Games/DH 2 – Work on Bulletin Board/Lockers P.M. Activities: 12:30 – DH 1 – Finish Bulletin Board/DH 2 - Class</p>	<p>7 A.M. Activities: 8:30 – DH 1 & 2 - Nostalgia Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 – Start Uncle Sam Hat Craft/DH 2 – Star Door Hanger P.M. Activities: 12:30 – DH 1 & 2 – Healthy You/Medication</p>	<p>8 A.M. Activities: 8:30 – DH 1 & 2 – Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 – Finish Uncle Sam Hat/DH 2 - Choice P.M. Activities: 12:30 – DH 1 & 2 – Choice Music</p>
<p>11 A.M. Activities: 8:30 – DH 1 & 2 - Weekend Sharing 9:30 – DH 1 & 2 - Chair Exercises DH 1 & 2 - Consumer Council/Choice P.M. Activities: 12:30 – DH 1 – Class/DH 2 – Fireworks from Around the World</p>	<p>12 A.M. Activities: 8:30 – DH 1 & 2 - Consumer Choice Reading 9:00 – DH 2 – Special Guests Retrieving Freedom 9:30 – DH 1 – Retrieving Freedom 10:15 - DH 1 & 2 - Chair Exercises/Choice P.M. Activities: 12:30 – DH 1 – Fireworks from Around the World/DH 2 - Class</p>	<p>13 A.M. Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 - DH 1 & 2 - Chair Exercises 10:15 – DH 1 – Work on Tiny House/DH 2 – Fireworks! P.M. Activities: DH 1 & 2 – How is that Made? Big Screen</p>	<p>14 A.M. Activities: 8:30 – DH 1 & 2 - Nostalgia Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 – St. Mary Church Visits/DH 2 – Meditation Exercises P.M. Activities: 12:30 – DH 1 & 2 – Fish in the Ocean - Craft Both Sides</p>	<p>15 A.M. Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – Starr Night Activity/Both Sides P.M. Activities: 12:30 – DH 1 & 2 – Choice Music</p>
<p>18 A.M. Activities: 8:30 – DH 1 & 2 - Weekend Sharing 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – 4th of July Word Search P.M. Activities: 12:30 – DH 1 – Class/DH 2 – Hottest Places to Live/Big Screen</p>	<p>19 A.M. Activities: 8:30 – DH 1 & 2 - Consumer Choice Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – BookFlix/Story Nory P.M. Activities: 12:30 – DH 1 - Sisters/DH 2 - Class</p>	<p>20 A.M. Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 - Trivia Games P.M. Activities: 12:30 – DH 1 – Explore the USA/DH 2 – Explore Ways to Keep Cool</p>	<p>21 A.M. Activities: 8:30 – DH 1 & 2 - Nostalgia Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 – Meditation Exercises/DH 2 – St. Mary Church Visits P.M. Activities: 12:30 – DH 1 – Hottest Places to Live/Big Screen DH 2 – Marble Rolling</p>	<p>22 A.M. Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 - Choice Activity P.M. Activities: 12:30 – DH 1 & 2 – Choice Music</p>
<p>25 A.M. Activities: 8:30 – DH 1 & 2 - Weekend Sharing 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – Choice Jingo P.M. Activities: 12:30 – DH 1 – Class/DH 2 – Name in 10 - Choice</p>	<p>26 A.M. Activities: 8:30 – DH 1 & 2 - Consumer Choice Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – Choice Big Screen P.M. Activities: 12:30 – DH 1 – Nevada Chocolate Cake Tasting!/DH 2 – Class</p>	<p>27 A.M. Activities: 8:30 – DH 1 & 2 - Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 - Word Game/DH 2 – Pinecone Feeders P.M. Activities: 12:30 – DH 1 – Reading on the Patio/DH 2 – Word Games</p>	<p>28 A.M. Activities: 8:30 – DH 1 & 2 - Nostalgia Reading 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 – Building a Community Project/DH 2 - Reading on the Patio P.M. Activities: 12:30 – DH 1 – Explore Ways to Keep Cool/DH 2 - Beads</p>	<p>29 A.M. Activities: 8:30 – DH 1 & 2 – Waverly Paper/Current Events 9:30 – DH 1 & 2 - Chair Exercises 10:15 – DH 1 & 2 – Choice Activity P.M. Activities: 12:30 – DH 1 & 2 – Music w/Ray</p>